

Not
important
to me

Very
important
to me

Helping others

Being a good
friend

Being good at
sports



From Values Card Sort for Kids by Aria E. Fiat,

From Values Card Sort for Kids by Aria E. Fiat,
PhD

From Values Card Sort for Kids by Aria E. Fiat,
PhD



Important
to me

Being a kind
person

Spending time
with family

Being good at
music

Being a good
student

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Being honest

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Being respectful

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Being responsible

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Making my
parent(s) or
family proud

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Being good to my
sibling(s)

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Being someone
people can trust or
count on

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Being creative

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Relaxing or
enjoying life

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Having money or
material things

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Being
popular/famous

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Being good at art

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Being a good role model

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Having fun

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Working hard and not giving up

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Learning new skills

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Being good at hobbies

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Being able to forgive people

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Being able to do things on my own

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Being organized

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Having lots of knowledge

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Being accepting or
understanding of
others

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Making good
decisions / choices

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Being fair

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Being healthy

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Accomplishing
what I set my
mind to

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Having an open
mind

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Being funny /
making people
laugh

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Standing up for
what is right

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Having a career

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Being strong or in
good physical
shape

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Feeling safe and
secure

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Helping the
environment

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Spending time in
nature

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God / my religion

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Being in control of
my thoughts,
feelings, or
actions

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Being a loving or
caring person

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Feeling good
about myself

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Helping animals

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Honoring my
parents or
ancestors

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Being who I am

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Other value

Other value

Other value

Other value

Being generous or
giving to others



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Other value

Other value

Other value

Other value

Other value



About the youth deck

An Everyday Insight tool
myvaluescardsort.com



The values on these cards are from Values Card Sort for Kids by Aria E. Fiat, PhD, and appear here with her permission. Her deck is available from Cincinnati Children's.

Adapted with permission. Her three cards about helping others are combined into one, and each card starts with a capital letter. Everything else follows her wording.

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To use the deck, sort every card into one of the three piles, then choose the five that matter most and put them in order. A parent, teacher, or counselor can read the cards aloud and help.

Printing

- Print at actual size, not fit to page. Card stock holds up best.
- For the version with backs, print double-sided and flip on the long edge.
- For the Avery version, use Avery 5371 or another 2 by 3.5 inch business card sheet with ten cards per page.

