

**Very
important
to me**



SORTING PILE

**Important
to me**



SORTING PILE

**Not
important
to me**



SORTING PILE

**Being a good
student**



From Values Card Sort for Kids by Aria E. Fiat, PhD

**Being good at
sports**



From Values Card Sort for Kids by Aria E. Fiat, PhD

**Being good at
music**



From Values Card Sort for Kids by Aria E. Fiat, PhD

Being a good friend



From Values Card Sort for Kids by Aria E. Fiat, PhD

**Spending time
with family**



From Values Card Sort for Kids by Aria E. Fiat, PhD

Helping others



From Values Card Sort for Kids by Aria E. Fiat, PhD

**Being a kind
person**

From Values Card Sort for Kids by Aria E. Fiat, PhD

**Being good to my
sibling(s)**

From Values Card Sort for Kids by Aria E. Fiat, PhD

**Being
popular/famous**

From Values Card Sort for Kids by Aria E. Fiat, PhD

**Making my
parent(s) or family
proud**

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**Having money or
material things**

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being responsible

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**Relaxing or
enjoying life**

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being respectful

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Being creative

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Being honest



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**Being someone
people can trust or
count on**



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Learning new skills



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**Having lots of
knowledge**



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**Working hard and
not giving up**



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Being organized



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Having fun



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**Being able to do
things on my own**



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**Being a good role
model**



From Values Card Sort for Kids by Aria E. Fiat, PhD

**Being able to
forgive people**

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being good at art

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**Being good at
hobbies**

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**Accomplishing
what I set my mind
to**

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**Being strong or in
good physical
shape**

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being healthy

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Having a career

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being fair

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**Standing up for
what is right**

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**Making good
decisions / choices**

From Values Card Sort for Kids by Aria E. Fiat, PhD

**Being funny /
making people
laugh**

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**Being accepting or
understanding of
others**

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**Having an open
mind**

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**Being in control of
my thoughts,
feelings, or actions**

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Being who I am

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God / my religion

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**Honoring my
parents or
ancestors**

From Values Card Sort for Kids by Aria E. Fiat, PhD

**Spending time in
nature**

From Values Card Sort for Kids by Aria E. Fiat, PhD

Helping animals

From Values Card Sort for Kids by Aria E. Fiat, PhD

Helping the environment

From Values Card Sort for Kids by Aria E. Fiat, PhD

Feeling good about myself

From Values Card Sort for Kids by Aria E. Fiat, PhD

Feeling safe and secure

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being a loving or caring person

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being generous or giving to others

From Values Card Sort for Kids by Aria E. Fiat, PhD

Other value

Other value

Other value



About the youth deck

An Everyday Insight tool
myvaluescardsort.com



The values on these cards are from Values Card Sort for Kids by Aria E. Fiat, PhD, and appear here with her permission. Her deck is available from Cincinnati Children's.

Adapted with permission. Her three cards about helping others are combined into one, and each card starts with a capital letter. Everything else follows her wording.

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To use the deck, sort every card into one of the three piles, then choose the five that matter most and put them in order. A parent, teacher, or counselor can read the cards aloud and help.

Printing

- Print at actual size, not fit to page. Card stock holds up best.
- For the version with backs, print double-sided and flip on the long edge.
- For the Avery version, use Avery 5371 or another 2 by 3.5 inch business card sheet with ten cards per page.

